

FREE INITIAL DRUG TEST

LOCATIONS

Kearny Mesa TRC

7867 Convoy Court Ste. 302
San Diego, CA 92111
Office: 858-277-4633
Hours: 10:30am-7:00pm M-F

La Mesa TRC

7800 University Ave., Ste. A1
La Mesa, CA 91942
Office: 619-465-4349
Hours: 10:30am-7:00pm M-F

El Cajon TRC

550 Fesler St., Ste. G3
El Cajon, CA 92020
Office: 619-588-5361
Hours: 10:30am-7:00pm M-F

Chula Vista-Eastlake

2429 Fenton St., Bldg. 5
Chula Vista, CA 91914
Office: 619-482-9300
Hours: 10:30am-7:00pm M-F

Chula Vista-Central

629 3rd Avenue
Chula Vista, CA 91910
Office: 619-691-1045
Hours: 10:30am-7:00pm M-F

PARTNERING AGENCIES



The Palavra Tree, Inc



Phoenix House
Rising Above Addiction



LOCATIONS

Central West TRC

2878 Imperial Avenue
San Diego, CA 92102
Phone: 619-238-7393
Hours: 2:00pm-6:30pm T & Th

Central East TRC

1212 South 43rd St., Ste., C
San Diego CA 92113
Phone: 619-263-7768
Hours: 8:30am-7:30pm M-F

Mid-City TRC

4001 El Cajon Blvd., Ste., 206
San Diego, CA 92105
Phone: 619-280-2300
Hours: 8:30am-7:30pm M-F

North Inland TRC

340 Rancheros Drive Ste., 166
San Marcos, CA 92069
Phone: 760-744-3672
Hours: 9:00am-6:00pm M-F

Ramona TRC

323 Hunter Street
Ramona, CA 92065
Phone: 760-788-6520
Hours: 10:30am-7:00pm M-F

North Coastal TRC

785 Grand Ave., Ste. 220
Carlsbad, CA 92008
Phone: 760-729-2830
Hours: 10:00am-7:00pm M-F

TEEN CENTERS

The Teen Recovery Centers are outpatient treatment and recovery programs designed specifically for adolescents ages 12 to 17. Self-referrals to participate in program services are accepted. Referrals from parents, guardians, schools, the courts, the police, social service agencies, mental or medical health agencies, juvenile probation, etc, are also accepted.

SERVICES

Teen Recovery Centers provide individualized outpatient treatment that consist of:

- Alcohol and drug abuse counseling
- Group counseling
- Education and outreach
- Drug testing
- Informational referrals

According to the 2011 California Health Kids Survey, 33% of 11th graders statewide had used alcohol in the last 30 days, 21% indicated they had used marijuana and 4% had used cocaine. Statewide, 16% of 9th graders indicated they had been on campus under the influence of alcohol or an illicit substance at least once in their lifetime.

According to the 2012 Monitoring the Future survey, prescription and over-the-counter drugs are among the most commonly abused drugs by 12th graders, after alcohol, marijuana, synthetic marijuana (e.g., "Spice"), and tobacco. Youth who abuse prescription medications are also more likely to report use of other drugs.

In San Diego County, 19% of 9th graders in 2011 had used cough medication at least once in their lifetime to get high and 11% of 7th graders had used alcohol in the past 30 days. In the same survey, 17% of 9th graders and 21% of 11th graders had been under the influence of alcohol or illicit drugs on campus. Over half (54%) of 9th graders in San Diego County thought marijuana was easy to get.

Source: 2011 CA Health Kids Survey

In terms of substances used recently or ever, around three-quarters or more of juveniles in 2012 reported trying marijuana, alcohol, or tobacco previously (starting around the age of 13 years old, on average) and more than half (52% to 54%) had used each of these substances during the past 30 days. Between 8 and 34 percent of the youth also reported ever trying other substances, including ecstasy, meth, powder cocaine, crack, and heroin. The youth were also asked about binge drinking (consuming five or more drinks on one occasion), with just under two-thirds (63%) reporting this behavior.

Source: SANDAG SAMY Program, 2012

PARTNERING AGENCIES



Funded by the County of San Diego HHSA