

MDMA (Ecstasy) Health Effects

Health Effects

Acute	Euphoria; increased energy, alertness, tactile sensitivity, empathy; decreased fear, anxiety; increased/irregular heartbeat; dehydration; chills; sweating; impaired cognition and motor function; reduced appetite; muscle cramping; teeth grinding/clenching; in rare cases—hyperthermia, rhabdomyolysis, and death.
Long-term	Impulsiveness; irritability; sleep disturbances; anxiety addiction.