

San Marcos Area Prevention Programs

Agency	Program	Description	Contact
Children's Mental Health Services	North County Lifeline	Offers mental health services and prevention programs to children. Provides clinic and school based mental health counseling to students receiving Medi-Cal and to uninsured children or adolescents that are seriously emotionally disturbed. Services include assessment medication support; individual, family, and group counseling; case management and rehabilitation.	200 Michigan Avenue Vista, CA 92084 Phone: (760) 726-4900 Fax: (760) 726-6102 Email: info@nclifeline.org
Health and Human Services Agency, County of San Diego	It's Up 2 Us	A campaign designed to empower San Diegans to talk openly about mental illness, recognize symptoms, utilize local resources and seek help. Provides a website with mental health information and resources including: Mental Health - Local Resources Suicide Prevention and Support; Resources for Youth; Resources for Parents; Resources for Men; Resources for Veterans, Active Military and Their Families; Resources for Older Adults; Resources for Lesbian, Gay, Bisexual, Transgender and Questioning Individuals; Resources for Health Care Professionals; Resources for Faith Based Communities; and Mental Health - National Resources.	San Diego County Crisis Hotline: (888) 724-7240

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<p>Health and Human Services Agency, County of San Diego Department of Behavioral Health</p>	<p>Alcohol and Drug Services</p>	<p>Administers, coordinates, plans, and directs a comprehensive alcohol and other drug service delivery system throughout San Diego County. Provides referrals for individuals to appropriate treatment and recovery services for adults, adolescents, and pregnant and parenting women (24-hour telephone referrals available via the United Behavioral Health Access and Crisis Line). Services are provided throughout the region by agencies that contract with the County. Services include residential and non-residential recovery programs, detoxification, and criminal justice/court-ordered programs. Also provides perinatal programs for substance-abusing pregnant and parenting women and their children, including day treatment, residential treatment, outpatient services, detoxification, and case management (childcare is available). Offers prevention services through regional services and countywide initiatives to reduce underage drinking and reduce the impact of methamphetamines and marijuana.</p>	<p>San Diego County Crisis Hotline: (888) 724-7240</p>
<p>Mental Health Systems, Inc</p>	<p>Families Forward</p>	<p>This program model is based on the Wraparound principles used to create family teams that utilize community-based resources to keep the client in the least restrictive environment. The goal is to increase social supports to create/maintain stability and self sufficiency in the home. Flexible funding and Wrap Team Plans are used to assist the family with achieving autonomy and stability. The services are regionalized, home-based, intensive Wraparound services, case management, mental health services (individual, family, and group therapy), crisis intervention and medication management.</p>	<p>940 E. Valley Parkway, Suite D, Escondido, CA Phone: (760) 747-0205</p>

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Mental Health Systems, Inc.	Teen Recovery Center	MHS Teen Recovery Center (TRC) provides outpatient substance abuse services to adolescents, offering counseling, education and support. All our services are appropriate to the level of care necessary for our young clients to successfully address their issues.	340 Rancheros Drive, Suite 166 San Marcos, CA 92069 Phone: (760) 744-3672
MADD	MADD	Provides victim advocacy to victims of drunk drivers, including assistance in navigating the court system and properly handling their cases. Refers victims of drunk drivers to sources of financial assistance and other help. Provides public awareness of drunk driving issues and underage drinking through speakers bureau presentations, literature distribution, and media campaigns, including interactive youth programs. Acts as a clearing house for drinking and driving information and statistics.	San Diego County, Phone: (858) 564-0780
North County Health Services	Smoking Cessation and General Health Education	Offers general health education on various diseases and public health issues including prevention, risks, medication compliance, proper care, etc. Also offers smoking cessation classes once a month.	150 Valpreda Road San Marcos, CA 92069 Phone: (760) 736-6767 Fax: (760) 736-6782

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Mental Health Systems	North Inland Community	The primary prevention focus is an environmental approach that is community- driven, supported by leadership and includes strategies that impact conditions that accept, condone, encourage and glamorize high-risk use of alcohol and other drugs. NICPP staff work within existing community groups and coalitions and are dedicated to building relationships and promoting cooperation among residents and leaders of education, health, law enforcement, youth, civic organizations, tribal agencies, government and policy makers. These various alliances seek to develop and or change community standards, codes, practices, and norms to prevent and reduce the frequency and severity of alcohol and other drug problems.	12344 Oak Knoll Road, Ste. C-1 & G, Poway, CA 92064 Phone: (858) 391-9303 Fax: (858) 391-9302 Email: cyoung@mhsinc.org
Occupational Health Services	DUI (Driving Under the Influence) Programs	www.duiprograms.ohs.mhn.com	1050 Los Vallecitos Blvd., Suite 109 San Marcos, CA 92069 Phone: (760) 752-5300 Email:OHSSanMarcos@mhn.com

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Optum Health (formally United Behavioral)	Access and Crisis Line	Provides 24-hour, 7-day access to County Mental Health Services and County Alcohol and Drug Services (County Behavioral Health Services). Serves as a suicide prevention/intervention hotline. Provides mental health crisis intervention and information and referral to mental health services in San Diego County, including referrals to mental health care professionals who accept Medi-Cal and those who do not have health insurance. Provides information and referral to County Drug and Alcohol treatment and recovery services for adults, adolescents, and pregnant and parenting women who are receiving Medi-Cal or who do not have health insurance.	Access & Crisis Line Phone: (888) 724-7240
Palomar Family Counseling Service, Inc	YouthNet	Offers clinical therapy, school and youth center based programs that address mental health, substance abuse, anti-social behaviors, gang involvement, violent phone behaviors, academic concerns, and family issues.	945 Vale Terrace Dr. Vista, CA 92084
San Diego County Office of Education	Safe Schools	Offers programs that promote personal-best behaviors for all students including those who are high potential for dropping out of school, truancy, tobacco and other drug use, violence, crime, and/or gang involvement. Offers substance abuse prevention programs that provide general education on alcohol, tobacco, and other drug prevention and intervention. Also offers gang intervention and prevention programs.	Deb Pint, Program Specialist 619-718-4992

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San Diego County Office of Education	Friday Night Live	The San Diego Friday Night Live Partnership (SDFNLP) is comprised of three core programs, each serving the needs of different age groups: Friday Night Live (FNL) works with high school age youth; Club Live (CL) focuses on middle/junior high school youth in grades 6th-8th. Each program builds youth- adult partnerships which engage young people as active leaders and resources in their schools and communities. All activities promote alcohol, tobacco, and other drug-free lifestyles utilizing positive youth development.	Deb Pint, Program Specialist 619-718-4992
San Dieguito Alliance	Project Yo	Project YO is a Latino youth outreach program whose goals are to assist Latino youth to stay in school, out of gangs, and off alcohol, tobacco and other drugs. Project YO teens meet monthly to plan community service and leadership trainings. The teens receive academic assistance, health care referrals and transportation and adult mentoring.	Contact: Nancy Logan Phone: 760-310-5310 Email: nancylogan3@aol.com
San Dieguito Alliance	Youth Partnership	The Youth Leadership Project is designed to strengthen the youth driven alcohol and other drug prevention efforts throughout the county. San Dieguito Youth Partnership, one of 6 youth groups in San Diego County, is led by San Dieguito Alliance.	Contact: Nancy Logan Phone: 760-310-5310 Email: nancylogan3@aol.com

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San Marcos Sheriff	Start Smart	An opportunity for new drivers and their parents/guardians to clearly understand their responsibilities when a teen starts to drive. Taught by trained law enforcement personnel, it creates awareness of possible consequences, both financial and physical, of distracted or impaired driving, and provides applicable information about collision prevention. The class also clarifies the restrictions of the Provisional License Law and touches on social host ordinances. The often-graphic videos and daunting statistics provide a powerful reality check that lingers long after the classroom instruction.	San Marcos Station 182 Santar Pl San Marcos, CA 92069 Phone:(760) 510-5295
Vista Community Clinic	Youth Development	Programs which provide leadership experience, mentoring by stable adults, nutritious snacks, academic assistance, life skills development, and health education.	465 La Tortuga Drive Vista CA 92081 Phone: 760-631-5000 Email: info@vistacommunityclini c.org
Vista Community Clinic	Health Promotion Center	Community health and wellness programs geared to adults and/or children. Provides substance (alcohol, drug, and tobacco) abuse education and prevention, teen pregnancy prevention, traffic safety education, and breast cancer awareness. Offers health education for migrants and farm workers.	465 La Tortuga Drive Vista CA 92081 Phone: 760-631- 5000 Email: info@vistacommunityclini c.org